

FRIDAY, JUNE 2, 2017 Athletes wear BLUE shirts

1100 - 1345	Event Registration
1345 - 1400	Athlete Meeting
1415	Shuttles Depart for Coast Guard Island
1500 - 1600	Opening Ceremony
1630 - 1800	Competition Sport Clinics in Archery, Biathlon, Field, Powerlifting &
	Rowing
1800 - 1900	Dinner and Evening Social at Coast Guard Island
1900 - 2000	Competition Sport Clinics in Archery, Biathlon, Field, Powerlifting &
	Rowing
1900 - 2015	Shuttles Depart for Hotel & Hotel Check-In

SATURDAY, JUNE 3, 2017 Athletes wear GREEN shirts

0600 - 0730	Breakfast in Bayside Room (self-serve)
0730	Shuttles Depart for Coast Guard Island
0800 - 1200	Powerlifting (bench press) Competition
0800 - 1200	Indoor Rowing Competition
0900 - 1300	Resource Fair
1200 - 1300	Lunch
1300 - 1700	Archery Competition
1300 - 1700	Interactive Sport Demonstration in Badminton
1300 - 1700	Interactive Sport Demonstration in Wheelchair Basketball
1430 - 1700	Shuttles Depart for Hotel
1730	Shuttles Depart for Dinner & Evening Social
1800 - 2030	Dinner & Evening Social at Oakland Aviation Museum
1930 - 2030	Shuttles Depart for Hotel

^{*}Schedule is subject to change at the discretion of Local Organizing Committee. (Continued on page 2)



SUNDAY, JUNE 4, 2017 Athletes wear BLACK shirts

0600 - 0730	Breakfast in Bayside Room (self-serve)
0730	Shuttles depart for Coast Guard Island
0800 - 1200	Cycling Competition
1200 - 1300	Lunch
1300 - 1700	Paratriathlon Competition
1300 - 1700	Swimming Competition
1300 - 1700	Biathlon Competition
1300 - 1700	Interactive Sport Demonstrations in Boccia
1300 - 1700	Interactive Sport Demonstrations in Wheelchair Tennis
1430 - 1700	Shuttles Depart for Hotel
1730	Shuttles Depart for Dinner & Evening Social
1800	Dinner & Evening Social at Coast Guard Island
1900 - 2000	Shuttles Depart for Hotel

MONDAY, JUNE 5, 2017 Athletes wear RED shirts

0600 - 0715	Breakfast in Embarcadero Room (self-serve)
0715	Check-Out of Executive Inn & Suites
0730	Shuttles depart for Coast Guard Island
0800 - 1130	Field (shot put and discus) Competition
1145 - 1215	Lunch provided by Outback Steakhouse
1215 - 1245	Closing Ceremony
1300	Shuttles Depart for Hotel

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